FAST FACE SHIELD (using glasses)

**MATERIALS**

- x1 pair of glasses
  - Wearer’s prescription frames
  - safety goggles
  - sunglasses with lenses popped out
  - readers with lenses popped out
- x2 ties - can be anything for fastening:
  - zip ties
  - wire twist ties
  - string
  - paper clips
  - elastic bands
  - tape
- x1 sheet of clear plastic
  - transparency / film
  - page protector
  - cut 2-liter soda bottle
- hole punch OR knife OR scissors

**INSTRUCTIONS**

1. **CUT 6 HOLES or SLITS in plastic sheet.**
   - Cut Three slits or holes on each side, towards the middle-top, close to the outer edges:
     - Two parallel horizontal slits for ties
     - One vertical slit to thread the arms of the glasses through
   - Note holes are FARThER APART than the width of the glasses.

2. **LOOP TIES LOOSELY through parallel holes.**

3. **ATTACH to sides of glasses frame**
   - Slide the arms of your glasses through the ties as well as the outermost/vertical holes/slits.
   - Glasses are worn INSIDE the shield.
   - Fasten/tighten ties around the arms of the glasses.
   - Attach towards the front of the face, allowing the plastic to curve forward and provide a gap of space between the shield and the nose/face.
   - For improved comfort, tie or twist on OUTSIDE of shield, not inside where it could poke+scratch the wearer’s skin.